

UF IN GREECE (IKARIA)

FOOD & CULTURE | SUMMER A: JUNE 19 - 24, 2022

COLLEGE INFORMATION

College of Agricultural & Life Sciences

Department of Food Science & Human Nutrition

Department of Family, Youth & Community Sciences

PROGRAM

This 3-credit course includes a one-week food, culture/lifestyle, and culinary experience in one of the five “Blue Zones” of the world, Ikaria, Greece, where people live active and productive lives into their 90’s and beyond. During this program you will experience the Ikarian lifestyle and food habits, and discover the unique flora of this beautiful island as you hike through a forest with a trained guide to forage for herbs and other wild foods that grow in plenty – foods that are purported to contribute to the longevity of Ikarians.

LOCATION

Ikaria is one of the Greek Isles located about 55 minutes by plane from Athens, Greece. It is a diverse island with rugged mountains and picturesque shorelines lapped by the crystal clear aquamarine water of the Aegean Sea. The home-base for this course is Nas, located on the northern side of the island where the ruins of the Temple of Artemis dating back to the 6th century BC can be seen.

EXCURSIONS

Excursions include touring a local winery; visiting a local honey producer; cooking lessons using locally grown foods; eating delicious meals with the locals; visiting a goat farm and sampling goat cheese; visiting a local village; bathing in thermal waters, and swimming in the Aegean Sea.

HOUSING

You will share lodging with other students in quaint apartments overlooking the Aegean Sea.

LEARN MORE OR APPLY

UFIC Website

internationalcenter.ufl.edu

Application Deadline

March 1, 2022



COURSE INFORMATION

HUN 4936/6936 or FYC 4932/6932:

Food and Culture in the Blue Zone of Ikaria, Greece

Course taught by UF faculty

Total Number of Credits Offered: 3 UF GPA

FOOD & CULTURE

SUMMER A: JUNE 19 - 24, 2022

ELIGIBILITY REQUIREMENTS

- Open to all majors
- Must be in good standing
- Minimum 3.0 GPA
- Must interview with program director(s)

2022 PRICING

Undergraduate Program Fee: \$1,882

Graduate Program Fee: \$2,130

A \$425 nonrefundable deposit toward the total cost of the program is due at the time of application. The remaining fees are due no later than 45 days prior to departure. If you receive financial aid, you can defer payment until it disburses. Deferment decisions will be based on the amount of aid to be received.

WHAT'S INCLUDED

Tuition, all in-country transportation, most meals, accommodations, cooking lessons, field trips, guided tours, guest lectures, international health insurance, and emergency medical assistance.

WHAT'S NOT INCLUDED

Round-trip airfare, some meals, and additional personal travel and expenses

FINANCIAL AID

Most financial aid that you would receive on campus can be applied toward the cost of this program. However, all financial aid eligibility is determined by Student Financial Affairs.

SCHOLARSHIPS


UFIC offers many study abroad scholarships, with various eligibility criteria. The Summer 2022 scholarship deadline is February 10, 2022. Apply on our website!



UF International Center
UNIVERSITY OF FLORIDA

1765 Stadium Road | Suite 170 HUB
PO Box 113225 | Gainesville, FL 32611
p: (352) 273-1539 | f: (352) 392-5575

 @ufstudyabroad

 @UFStudyAbroadServices

 globalgator.wordpress.com

Program Directors

Karla Shelnett
kpagan@ufl.edu / 352-273-3535

Anne Mathews
anne.mathews@ufl.edu / 352-294-3719



UF ABROAD

INTERNATIONAL CENTER
UNIVERSITY OF FLORIDA