

UF IN SPAIN & PORTUGAL

CULTURAL NUTRITION & HEALTH | SUMMER A: JUNE 3-20, 2025

COLLEGE INFORMATION

College of Health & Human Performance

Courses are taught by UF faculty

PROGRAM

The Cultural Nutrition and Health program will provide students with an immersive overview of cultural aspects of food across the world and relationships to health and disease with a special emphasis on Spain and Portugal. Planning, implementing, and evaluating nutrition education programs for special population groups will also be integrated within course content and experiential activities. Knowledge of Spanish and Portuguese language is not required.

LOCATION

This program will take place in Lisbon, Portugal and Seville and Madrid, Spain. Lisbon's got everything you could want from a centuries-old European city, with its winding cobblestone streets, yellow streetcars, and a skyline dotted with Medieval castles. Madrid, the capital of Spain, is also known as Villa y Corte. It boasts an array of public parks and gardens, including El Retiro Park and Plaza Mayor.

EXCURSIONS

Students will spend the first several days of the program exploring Lisbon, Portugal and the remainder of the program will take place in Seville and Madrid, Spain. Program activities and excursions will include food market tours and cooking classes in each country, guided walking tours of historical landmarks, Flamenco show and tapas dinner, and visits to learn about local food production including olive oil and baked goods.

HOUSING

Students will stay in shared hotel rooms in Lisbon and Madrid with daily breakfast, linens, towels, and internet access included.

LEARN MORE OR APPLY

UFIC Website

internationalcenter.ufl.edu

Application Deadline

February 6, 2024

COURSE INFORMATION

Students will be enrolled in both of the following courses:

- **HSC 4574/5576: Nutrition Education for Special Populations**
(3 Credits)

- **HUN 4936/6936: Food, Culture, and Health** (3 Credits)

Total Number of Credits Offered: 6 UF GPA



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ELIGIBILITY

- Open to all students
- Minimum 2.5 GPA
- Must be in good standing

2025 PRICING

Undergraduate Program Fee: \$8,117

A \$395 nonrefundable deposit toward the total cost of the program is due at the time of application. The remaining fees are due no later than 45 days prior to departure. If you receive financial aid, you can defer payment until it disburses. Deferment decisions will be based on the amount of aid to be received.

WHAT'S INCLUDED

Tuition for 6 UF credits, housing, daily breakfasts, a group welcome meal and a group farewell meal, cultural and academic excursions, ground transportation, international health insurance, and 24/7 emergency medical assistance.

WHAT'S NOT INCLUDED

Round-trip airfare, some meals, and additional personal travel and expenses.

FINANCIAL AID

Most financial aid that you would receive on campus can be applied toward the cost of this program. However, all financial aid eligibility is determined by Student Financial Aid & Scholarships.

SCHOLARSHIPS

UFIC offers many study abroad scholarships, with various eligibility criteria. The Summer 2025 scholarship deadline is February 6, 2025. Apply on our website!



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